

**OLPS CANTEEN SUMMER MENU TERM 1 2022 AND TERM 4 2022 ON MONDAY AND WEDNESDAY**  
**LUNCH ORDERS (via a re-usable bag or brown paper bag with child's name and class)**

**SANDWICHES**

*Toasted sandwiches on request*

Vegemite &/or cheese	\$2.50
Cheese & tomato	\$2.70
Boiled egg with lettuce & mayo	\$3.00
Ham	\$3.00
Ham and cheese	\$3.30
Ham, cheese & tomato	\$3.50
Salad (lettuce, carrot, tomato, beetroot & cucumber with mayo)	\$4.00
Chicken / ham & salad (as above)	\$4.30

**Rolls add extra \$0.70**

**TOASTIES ON TURKISH BREAD**

Cheese	\$3.50
Ham and cheese	\$3.80
Ham, cheese and tomato	\$4.00

**TOASTED WRAPS with ham, cheese and/or tomato \$4.00**

**HOT FOOD**

Nachos (with mince, salsa, cheese and corn chips)	\$4.00
Creamy sun dried tomato and chicken pasta	\$4.00
Lean beef pie and sauce	\$4.00
Fried rice (write gluten free on bag if required)	\$4.00
Chicken tenderloin <b>ROLL</b> with lettuce, cucumber and mayo	\$4.00
Chicken tenderloin <b>WRAP</b> with lettuce, cucumber and mayo	\$4.00
Sausage roll and sauce	\$3.80
Pasta spirals with grated cheese (request Gluten free if required)	\$3.80
Homemade pizza slice (margarita)	\$2.20
Crumbed chicken tender	\$2.00
Quesadilla	\$1.30

**SUMMER SPECIAL**

Chicken / ham salad plate	\$5.00
Toasted chicken, cheese and tomato wrap	\$5.00

**DRINKS**

Bottled water:	\$1.50
Flavoured Milk \$2.00	chocolate / strawberry
Juice \$2.00	– orange / apple / tropical
GLEE Juice \$2. 50	tropical, blackcurrant, raspberry

**MORNING TEA & LUNCH**

Popcorn	\$1.50
Choc chip / blueberry muffin	\$1.50
Quesadilla	\$1.30
Pretzels / sour cream delites / dorritos	\$1.00
Fruit nuggets	\$0.80
Crackers and cheese / pikelets	\$0.50
Humous and carrot or crackers	\$0.50
Lamington finger	\$0.50
Brazilian cheese puffs (GF)	\$0.50
Frozen pineapple / grapes	\$0.40
Apple slinky (yours from home)	FREE

**\* Seasonal treats throughout the term will be offered in the above price range.**

**FROZEN TREATS (Lunchtime only)**

Frozen yoghurt (mango & strawberry)	\$2.00
Chocolate or strawberry moosies	\$2.00
Blackberry or orange juicees	\$2.00
Lemonade icy pole	\$1.50
Vanilla ice-cream cone dipped in milo	\$1.30
Frozen pineapple juice cups	\$1.00
Frozen wildberry juice cups	\$1.00
Quelch fruit sticks	\$0.80

**SUSHI ON WEDNESDAYS ONLY VIA ON-LINE ORDERING SYSTEM. P&F EMAIL SENT EVERY MONDAY**

California, chicken or beef roll,  
 Salmon teriyaki roll, prawn tempura roll  
 Tuna & cucumber roll  
 Tuna pieces (8), avocado pieces (8), cucumber pieces (8).

**ALL  
 \$3.80 EACH**

**OLPS IS A  
 SUSTAINABLE  
 CANTEEN. BYO  
 CONTAINERS &  
 SPOONS PLEASE**



**RE-USABLE LUNCHBAGS IN RED, BLUE OR GREY \$12.50**

**Lunch bags 20cents**