

OLPS CANTEEN SUMMER MENU TERM 4 2022 AND TERM 1 2023 ON MONDAY AND THURSDAY
LUNCH ORDERS (via a re-usable bag or brown paper bag with child's name and class)

SANDWICHES

Toasted sandwiches on request

Vegemite &/or cheese	\$2.50
Cheese & tomato	\$2.80
Boiled egg with lettuce & mayo	\$3.00
Ham	\$3.00
Ham and cheese	\$3.30
Ham, cheese & tomato	\$3.50
Salad (lettuce, carrot, tomato, beetroot & cucumber with mayo)	\$4.20
Chicken / ham & salad (as above)	\$4.50

Rolls add extra \$0.50

TOASTIES ON TURKISH BREAD

Cheese	\$3.60
Ham and cheese	\$3.80
Ham, cheese and tomato	\$4.00

TOASTED WRAPS with ham, cheese and/or tomato \$4.00

HOT FOOD

Nachos (with mince, salsa, cheese and corn chips)	\$4.00
Pasta carbonara	\$4.00
Lean beef pie and sauce	\$4.00
Fried rice (write gluten free on bag if required)	\$4.00
Chicken tenderloin ROLL with lettuce, cucumber and mayo	\$4.00
Chicken tenderloin WRAP with lettuce, cucumber and mayo	\$4.00
Sausage roll and sauce	\$3.80
Pasta spirals with grated cheese (request Gluten free if required)	\$3.80
Home made pizza slice (margarita)	\$2.20
Crumbed chicken tender	\$2.20
Quesadilla	\$1.30

SUMMER SPECIAL

Chicken / ham salad plate	\$6.00
Toasted chicken, cheese and tomato wrap	\$5.00

DRINKS

Bottled water: \$1.50 Juice \$2.00 – apple or tropical
Flavoured Milk \$2.50 chocolate and strawberry
GLEE Juice \$2.50 tropical, blackcurrant, raspberry, watermelon

MORNING TEA & LUNCH

Popcorn	\$1.50
Choc chip muffin	\$1.50
Quesadilla	\$1.30
Pretzels / sour cream delites / dorritos	\$1.00
Crackers and cheese	\$0.50
Pikelets	\$0.50
Humous and carrot or crackers	\$0.50
Lamington finger	\$0.50
Brazilian cheese puffs (GF)	\$0.50
Frozen pineapple / grapes	\$0.40
Apple slinky (yours from home)	FREE

* seasonal treats throughout the term will be offered in the above price range.

FROZEN TREATS (Lunchtime only)

Frozen yoghurt (mango & strawberry)	\$2.00
Chocolate or strawberry moosies	\$2.00
Blackberry or orange juicees	\$2.00
Lemonade icy pole	\$1.50
Vanilla ice-cream cone dipped in milo	\$1.30
Frozen pineapple juice cups	\$1.00
Frozen wildberry juice cups	\$1.00
Quelch fruit sticks	\$0.80

SUSHI ON MONDAYS ONLY VIA ON-LINE ORDERING SYSTEM. EMAIL SENT EVERY FRIDAY

California, chicken or beef roll,
 Salmon teriyaki roll, prawn tempura roll
 Tuna & cucumber roll
 Tuna pieces (8), avocado pieces (8), cucumber pieces (8).

**ALL
 \$4.00 EACH**

**OLPS IS A
 SUSTAINABLE
 CANTEEN. BYO
 CONTAINERS &
 SPOONS PLEASE**



RE-USABLE LUNCHBAGS IN RED, BLUE OR GREY \$12.50

Lunch bags 20 cents