OLPS CANTEEN SUMMER MENU TERM 2 AND TERM 3 2023 ON MONDAY AND THURSDAY LUNCH ORDERS (via a re-usable bag or brown paper bag with child's name and class)

SANDWICHES

Toasted sandwiches on request

Vegemite &/or cheese	\$2.50
Cheese & tomato	\$2.80
Ham	\$3.00
Ham and cheese	\$3.30
Ham, cheese & tomato	\$3.50
Salad (lettuce, carrot, tomato,	\$4.50
beetroot & cucumber with mayo)	

Chicken / ham & salad (as above) \$5.00

Rolls add extra \$0.50

TOASTIES ON TURKISH BREAD

Cheese	\$3.80
Ham and cheese	\$4.00
Ham, cheese and tomato	\$4.20

TOASTED WRAPS with ham, cheese and/or tomato \$4.00

HOT FOOD

Nachos (with mince, salsa, cheese and corn chips)\$4.00
Pasta bolognaise	´\$4.00
Lean beef pie and sauce	\$4.00
Fried rice (write gluten free on bag if required)	\$4.00
Chicken tenderloin ROLL with lettuce, cucumber	\$4.00
and mayo	
Chicken tenderloin WRAP with lettuce, cucumber	\$4.00
and mayo	
Sausage roll and sauce	\$4.00
Pasta spirals with grated cheese	\$4.00
(request Gluten free if required)	
Home made pizza slice (margarita)	\$2.40
Crumbed chicken tender	\$2.40
Quesadilla	\$1.50
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AUTUMN / WINTER SPECIAL

Home made soup and Turkish bread or cheesepuffs \$5.00

DRINKS

Bottled water: \$1.50

Juice \$2.20 – apple, orange or tropical

Flavoured Milk \$2.20 chocolate and strawberry GLEE Juice \$2.50 tropical, blackcurrant, raspberry,

watermelon

MORNING TEA & LUNCH

Popcorn & rock deli chips	\$1.70
Choc chip muffin	\$1.70
Quesadilla	\$1.50
Pretzels / goldfish / dorritos	\$1.00
Crackers and cheese	\$0.50
Pikelet and jam or maple syrup	\$0.50
Humous and carrot or crackers	\$0.50
Lamington finger	\$0.50
Brazilian cheesepuffs (GF)	\$0.50
Frozen pineapple / grapes	\$0.50
Apple slinky (yours from home)	FREE
* seasonal treats throughout the term	will be

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FROZEN TREATS (Lunchtime only)

Frozen yoghurt (mango & strawberry) Chocolate or strawberry moosies Blackberry or orange juicees Lemonade icy pole Vanilla ice-cream cone dipped in milo Frozen pineapple juice cups Frozen wildberry juice cups Quelch fruit sticks	\$2.00 \$2.00 \$2.00 \$1.70 \$1.50 \$1.00 \$1.00 \$0.80
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SUSHI ON MONDAYS ONLY VIA ON-LINE ORDERING SYSTEM. EMAIL SENT EVERY FRIDAY MORNING

California, chicken or beef roll, Salmon teriyaki roll, prawn tempura roll Tuna & cucumber roll

Tuna pieces (8), avocado pieces (8), cucumber pieces (8).

ALL \$4.00 EACH

OLPS IS A
SUSTAINABLE
CANTEEN. BYO
CONTAINERS &
SPOONS PLEASE





RE-USABLE LUNCHBAGS IN ORANGE \$13.00

Lunch bags 20 cents